



Your **Cycling** Connection



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Features

In this edition - respect for road rules, bridge construction update, UBC studies kids and bikes, and healing uses for used bikes.



Rights & Responsibilities for All Road Users

All road users - trucks, cars and bicycles - deserve respect, and more importantly, they must each abide by the rules of the road, and uphold their responsibilities to one another, and the law. Here are three things to remember:

1. **People on bikes can use any traffic lanes unless otherwise signed**, even if a bike lane is available as an alternate route. Bikes should be at least 1 metre from the curb or parked cars to be visible, and to avoid debris and opening car doors. Bikes can take the full lane when it is the safest thing to do, and can use left lanes for turning left. When using traffic lanes, a bike has the same rights and responsibilities as a car.
2. **Aggressive maneuvering of any vehicle** (including bicycles) to threaten or assault any road user is unlawful.
3. **If you are threatened, forced off the road or assaulted** by an aggressive road user, you should not retaliate against the person or their property; immediately contact the police.

For information about current provincial legislation and rules

BICYCLE BULLETIN - FEB 2014

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Your **Cycling** Connection

MEMBER SERVICES

Questions about your Member account? [Let us know.](#)

Membership expired? [Login to renew today!](#)

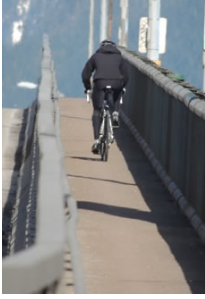
MEMBER SPOTLIGHT

Congratulations to the following organizations who recently purchased or renewed their HUB Membership!

[Norco Bicycles / Live to Play Sports](#)

Norco Bicycles is a proud supporter

related to cycling, [visit BikeBC](#).



Ironworkers Memorial Bridge construction update

The east sidewalk of the Ironworkers Memorial Bridge is now closed until September 2014 for construction of a new, wider sidewalk on the east side.

Until then all cyclists and pedestrians need to share a narrow space - the west sidewalk. If you ride across the bridge, please be patient and courteous for the safety of everybody.

- **Expect delays** while all bridge users adjust to the change in traffic patterns and usage
- **Reduce speed** when going downhill as visibility is very poor on the sidewalks leading up to the bridge.
- **Please do not pass other cyclists** along the Main Street on-ramp in North Vancouver.

If you have concerns or suggestions about cycling across the bridge during construction, [please email North Shore Committee chair Antje Wahl](#).



Children & Independent Cycling - UBC Study

[UBC is currently researching](#) the factors that contribute to when parents let their children cycle independently.

If you have a child from 0-18 years old, a UBC researcher wants to talk to you, regardless of your child's cycling ability. Interviews are 30 - 60 minutes, and can take place at your home or a mutual location.

To find out more, [email Chris Markides](#).

A New Life for Used Bikes

Ever wondered where your old bicycle goes when you're done with it? Who's riding it...and is it still loved?

Now you can hear about your bike's new life, and know you're making a difference in another person's life.

Through [Spoke Songs DTES](#), your pre-loved bike will be tuned up and become part of their guided rides and bike share program, which uses the unique holistic healing value of cycling for people recovering from addiction, abuse, trauma and PTSD. Your donated bike will then write you letters all about its new adventures!

The launch event for 'Foster Bikes' is happening at the Interurban Gallery on Friday, February 21st.

of HUB and Bike to Work Week. Through getting more people cycling and making it safer for those riding their bikes, HUB provides an invaluable service to each and every cyclist in Metro Vancouver. *(Thanks Norco!)*

[eProdigy Bikes](#)

Test drive one of eProdigy's fantastic electric bikes at the Vancouver Bike Show on March 8th and 9th.

[car2go](#)

car2go is a carsharing organization designed to complement multiple forms of transportation including cycling, walking, transit, and station based carsharing services. Our unique model offers members the ability to make one way trips, pay as you go, rates by the minute, and the ability to end a trip almost anywhere. No reservations required, just jump in and go!

[AMS Bike Co-op](#)

The Bike Co-op is a cycling organization on the UBC campus that provides students and the wide community with an accessible environment where they can learn to fix bicycles, share resources, and work together. We engage in cycling education, outreach and advocacy to promote biking as a safe and sustainable means of transportation.

MEMBER BENEFITS UPDATE

Know a local bike-friendly business? [Let us know](#) - it could become a HUB Member Benefits provider!

[Northwest Comedy Fest](#)

New Member Benefit

10% off tickets to the festival - 24 shows running **February 13-22** at locations across Vancouver and New Westminster. [Email us](#) for the



Check out the [Spoke Songs Facebook page](#) for more information.



The Work Isn't Over - Show Your Support

Improvements to the north end of the Burrard Bridge, Cornwall and Point Grey Road are underway, but the work isn't done yet.

Show Mayor and Council that you support completion of the [Seaside Greenway project](#), to protect access and safety for all. [Email Mayor & Council](#), and [sign our petition](#).

Education & Events

Business awards, the Bike Show, courses, workshops & more.



Bike Friendly Business Awards a Big Success!

Despite the chill in the air, a capacity crowd (including a few dozen bikes!) packed the ING Direct Cafe last Wednesday night for the inaugural Bike Friendly Business Awards ceremony and reception.

The 'BFBs' brought together businesses from across Metro Vancouver, plus champions from the fall 2013 Bike to Work Week, spanning all different sectors and sizes. For a complete list of winners and runners-up, [visit our News page](#) on the event.

[Click here to see photos and descriptions on our Facebook page.](#)

HUB Lights up North Van with TravelSmart!

TravelSmart joined HUB on the North Shore yesterday to promote winter cycling safety and give away free bike lights.

The day started icy and weather turned ugly, but it didn't stop commuters from stopping by our tent at 1st & Mackay in North Vancouver, and getting bike lights, maps and [information](#) about night-time visibility. See photos on the [HUB Facebook page](#).

[TravelSmart](#) is asking Metro Vancouver residents to take one less car trip per week, and works with HUB to help make those positive commuting choices easier.

HUB StreetWise Cycling Courses - Advanced Bike Maintenance

Explore what makes your wheels turn and pedals spin. In this course, we examine bearing systems and how to overhaul them, essential knowledge for the advanced cyclist

promo code.

[Vertality4](#)

New Member Benefit

Annual celebration of Vancouver's business and social change community, bringing together the best in business, sustainability, and innovation, Vertality is Vancouver's social change bash to get the Spring started. Brought to you by the [Board of Change](#).

Date: Feb 20, 6 - 10pm

[Email us](#) for discount details and the promo code

[Union Street Cycle](#)

New Member Benefit

Located on the Adanac bike route, Union Street Cycle is a full service repair and retail shop that also does bike fitting. **For Members:** 5% off bikes | 10% off tune-ups | 15% off parts and accessories.

Need a Member Benefit promo code? [Email us!](#) Promo codes will be back on the website soon.

WORK AT HUB: POSITION OPENING

Part-time Office Manager

Do you know someone who doesn't want to be chained to either a desk or a bike 24 hours/day, but loves a bit of both?

HUB is looking for a part-time office manager to join our dynamic, busy and bike-friendly workplace on a permanent basis. We need someone who's highly motivated, organized and collaborative. For more information, visit the [Jobs page of our website](#).

VANCOUVER / UBC LOCAL COMMITTEE

Volunteer Wanted

The HUB Vancouver/UBC Local

Streetwise

with an interest in mechanics.

February 27, 6:30 to 9:30 pm at PEDAL Depot, 1830 Ontario Street. [Click to register.](#)



Vancouver Bike Show - Entertainment & Retail Displays

Join HUB and TravelSmart at the biggest bike show in Western Canada, [The Vancouver Bike Show](#). Come by the booth to grab information about HUB bike courses, to get route maps, grab some swag, and of course to see all the other cool booths! **March 8 & 9, Vancouver Convention Centre** (Saturday 10 - 6, Sunday 10 - 4).

Receive [\\$4 off your admission](#) with this special offer through HUB.

Bicycling by Design - 2-Day Course

UBC's School of Population and Public Health, the City of Vancouver, Urban Systems, HUB are presenting a special urban design course on bike facilities that promote safe and healthy travel.

This 2-day course covers the latest research and best practices for engineers, planners, architects, public health professionals, cycling advocates and educators. Topics to be covered include the benefits of cycling, cycling safety, facilities that encourage cycling, and implementation.

April 7-8, 2014, 8:30 am - 4:30 pm | UBC Robson Square
To learn more and to register, [visit the program website](#).

April 6, 2014, 1:00 pm - 5:30 pm | **RIDE THE FACILITIES pre-course** provides participants an experience of cycling a variety of Vancouver cycling facilities. Participants will learn how to deal with complexities that arise in the design and implementation of these route types. [Register here](#).

Committee is looking for a volunteer minute-taker to record notes for each meeting. Committee meetings are the fourth Wednesday of each month, 6:30-8:30 pm at the HUB office. [Please email us](#) with "Minutes Taker" in the subject line.

NO MORE BIKE THEFT!



[Check it out our anti-theft video!](#)

SUPPORT BETTER BIKING!

[Support our work to improve cycling conditions](#) by making a charitable donation to HUB.



Charitable tax receipt provided.



Meetings & Events

HUB Bike Education

HUB Member Benefits

Join a HUB Local Committee

Help make cycling conditions better in your city, including bike lanes, bridge crossings, cycling policy and education. Join a local committee - public participation is always welcome!

[Find out more](#)

HUB Regional Advisory Committee

We meet the third Thursday of each month (6-7pm) at the HUB office to discuss cycling improvements across the region. You're welcome to attend!

[Find out more](#)

[See full HUB events calendar](#)

Streetwise Cycling Courses

2014 courses now posted, including upcoming 'Demystify Your Bike: The Basics of Bike Maintenance', and 'Advanced Bike Maintenance'.

[Read more & register](#)

Adult Learn to Ride courses

Dates customized to fit your schedule

[Read more & register](#)

Bike to School Courses & Programs

Want to see cycling programming at your child's school? Contact us at schools@bikehub.ca

Discounts on car sharing

Discounts at over 25 bike shops across Metro Vancouver

Discount on Momentum Magazine subscription

Subsidized bike racks for Organization Members

The joy of supporting cycling improvements!

[...and much more! Visit our Member Benefits page.](#)

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