

Your Cycling Connection



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# Features

In this edition - AAA cycling network for City of North Van, Moving in a Livable Region Carbon Talks, Workplace Workshops, & more!



## City of North Vancouver Approves AAA Cycling Network

The City of North Vancouver Council recently approved a new AAA (All Ages & Abilities) cycling network, due in part to the efforts of HUB, specifically our North Shore Committee.

Through efforts starting in June 2013, with a HUB delegation to Council, then more committee meetings, and more Council presentations, and a delayed vote first, finally the motion passed on February 24th.

This is a significant decision - while this AAA cycling network will not be completed for many years, approval of the plan establishes a framework for a long-term vision for AAA cycling in the City of North Vancouver!

We congratulate Mayor Darrell Mussatto and the Council of the City of North Vancouver, HUB North Shore Committee member Heather Drugge, and everyone involved in this success.

Interested in knowing how it all happened? **<u>Read more</u>** <u>here</u>.

#### **BICYCLE BULLETIN - MARCH 2014**

### JOIN HUB



Your Cycling Connection

#### **MEMBER SERVICES**

Questions about your Member account? Let us know.

Membership expired? Login to renew today!

#### **MEMBER SPOTLIGHT**

**Congratulations** to the following organizations who recently purchased or renewed their HUB Membership!

## Modo The Car Co-op



# Workplace Cycling Workshops now include free car-sharing credits (& more)!

Getting your team ready for Bike to Work Week? Or looking to support people on bikes in your organization?

When you book a workplace cycling workshop, you also get free car-sharing credits, courtesy of Modo The Car Co-op ...plus other perks for your business and employees! More details <u>are found here.</u>

## Choose from 1- or 2-hour workplace cycling

workshops to host as a lunch & learn, or as part of an event for your tenants, staff, clients or neighbourhood. Workshops run throughout the year.

**Inquire today** about customized workshops tailored specifically to your needs.



# Carbon Talks - The Benefits of Moving in a Livable Region

Members of the public are invited to join SFU at two public Carbon Talk dialogues specifically focused on transportation, the economy, and what is needed to ensure high livability in the region.

# Beyond the Politics: The Benefits of Moving in a Livable Region

- \* Vancouver (March 14)
- \* Surrey (April 8)

These talks will include special guest panelists seeking to engage and educate Metro Vancouver residents on transportation issues, including the upcoming transportation funding referendum.

Visit the **Moving in a Livable Region website** for more information.



## Adopt-a-Street Initiative on the North Shore

The HUB North Shore Committee recently adopted two important bike routes in the District of North Vancouver, as part of the District's Adopt-a-Street Program - the Spirit Trail and East Keith Road.

The Committee is working to reduce litter which impacts not just people on bikes and the natural beauty of community spaces, but can enter our waterways and threaten animal habitats.

The committee is looking for more Adopt-a-Street



1-month FREE membership + \$25 carsharing credit + FREE registration!

Sign up for Modo before March 31 and get a free 1-month membership (usually \$5 + tax). That's in addition to the \$25 carsharing credit and free registration HUB members already receive! Metro Van's only carshare cooperative, since 1997.

Modo saves you money and stress and helps get you and your bike out of town! In addition to Modo's 300+ cars, trucks, vans and electrics - and extras like bike racks and snow tires members have **access to vehicles** in Gibsons, Nanaimo, Victoria, Kelowna...even Toronto and Sydney, Australia!

Modo is a Platinum Member of HUB.

# Salt Spring Coffee



At Salt Spring Coffee we believe in being better. We roast to inspire change and we carefully consider the big picture impacts of all our decisions in the communities where we operate. More cycling means happier, healthier and more connected communities.

We're proud to support HUB and we believe that changes takes root only when we work together.

## **Downtown Suites**

volunteers to help with the clean-up of the Spirit Trail, or by adopting a new street or trail (preferably a bike route) with HUB in the District of North Vancouver. Participation in Adopt-a-Street only requires volunteers to clean up litter once per month (2-3 hours).

To participate, please email Dianne Murray at dimur@hotmail.com.

# **Education & Events**

Important Bike to Work Week news, 2-day StreetWise Cycling Course, and Bicycling by Design at UBC.



# New Bike to Work Week Website this Spring

Exciting news for Bike to Work Week participants - we're currently updating our website so that it will be both mobile-friendly and easier to use this spring!

However, as of May 1, 2014, your Bike to Work Week stats from previous years will no longer be available in the new system.

Want to keep your stats? Login to your Bike to Work Week account and retrieve your stats by April 15. We will email all users next month with more information about the new website!

Bike to Work Week is May 26th-June 1st, and it's not too early to start spreading the word with your co-workers, and forming teams. This spring, we're introducing some awesome new prize categories, including an amazing Team Growth Prize for the Team Leader who is able to recruit the largest number of new participants - more details to come!

Sponsorship opportunities are also still available for this exciting event - contact us at **biketowork@bikehub.ca** if you would like more information.

# Streetwise

## HUB StreetWise Cycling Skills Course

Explore what makes your wheels turn and pedals spin. In this 2-day weekend course, we examine bearing systems and how to overhaul them, essential knowledge for the cyclist with an interest in mechanics.

March 22-23: <u>Visit our StreetWise page</u> to find out more, or <u>click here to register</u>.

Bicycling by Design: Facilities to Promote Safe & Healthy Travel



Downtown Suites Ltd, a boutique property management and real estate company, specializes in managing strata-titled condominiums in downtown Vancouver.

For over 20 years we have been serving our clients as licensed professionals under the BC Real Estate Act. We are committed to the highest standards of excellence in all that we do.

We are proud to be Gold Members of HUB and passionate in our hope to be able to aid and encourage the "art of cycling". Nicholas Meyer, President & Managing Broker Tel: 604-694-8801 ext 103.

### MEMBER BENEFITS UPDATE

Know a local bike-friendly business? Let us know - it could become a HUB Member Benefits provider!



## MEC North Van Discount Night for HUB Members!

For one night only, receive 10% off everything at MEC North Vancouver!

Thursday, April 3, 2014 7:00 pm-9:00 pm 212 Brooksbank Ave

HUB Members receive this exclusive



If you're an engineer, planner, landscape architect, public health professional, cycling advocate, or cycling educator, this is a unique opportunity to get equipped with the skills needed to develop and promote cycling infrastructure for busy streets, quiet streets, and off-street locations.

**April 7-8 - Classroom Course:** Designed to bring transportation and public health professionals up to date with research and practice on the benefits of cycling, cycling safety, facilities that encourage cycling, safe bike facilities, and implementation measures.

Co-taught by the City of Vancouver, Urban Systems, HUB, and Cycling in Cities at UBC.

### April 6 - Ride the Cycling Facilities pre-course:

Designed to provide participants with the knowledge and skills to cycle confidently and comfortably in the City, through various bicycle route types. It includes both an inclass and an on-road portion, and offers practical knowledge of cycling skills and facilities to both new and experienced cyclists.

For more information on course faculty, accreditation, or to sign up, **visit the course website here**.

discount - stock up on all your gear, from bikes and accessories to outdoor adventure equipment and apparel! Discounts only available for in-stock items and purchased at MEC tills, with a MEC membership.

You must be a current HUB member to join us (bring your card). If you're not already a member, **join us today**!

You can also renew your HUB membership on the spot - visit our table at the store that night!

For more information, contact **membership@bikehub.ca**.

Need a Member Benefit promo code? <u>Email us!</u> Promo codes will be back on the website soon.

## **SUPPORT BETTER BIKING!**

Support our work to improve cycling conditions by making a charitable donation to HUB.



### Charitable tax receipt provided.

**Meetings & Events** 

**HUB Bike Education** 

**HUB Member Benefits** 

### Join a HUB Local Committee

Help make cycling conditions better in your city, including bike lanes, bridge crossings, cycling policy and education. Join a local committee public participation is always welcome!

### Find out more

**HUB Regional Advisory Committee** We meet the third Thursday of each

month (6-7pm) at the HUB office to discuss cycling improvements across the region. You're welcome to attend! Find out more

### See full HUB events calendar

#### Streetwise Cycling Courses

2014 courses now posted, including upcoming 'Demystify Your Bike: The Basics of Bike Maintenance', and 'Advanced Bike Maintenance'.

### Read more & register

Adult Learn to Ride courses Dates customized to fit your schedule Read more & register

Bike to School Courses & Programs Want to see cycling programming at your child's school? Contact us at schools@bikehub.ca Discounts on car sharing

Discounts at over 25 bike shops across Metro Vancouver

Discount on Momentum Magazine subscription

Subsidized bike racks for Organizatio Members

The joy of supporting cycling improvements!

...and much more! Visit our Membe Benefits page.

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Try it FREE today.

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