



Your **Cycling** Connection

604.558.2002

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Selection of Daily Program Delivery Method

Dear school organizer,

In response to an increased yet still varied degree of safety protocols governing each school, HUB Cycling has added a few alternative options to deliver our regular Bike to School curriculum. Please read through the table below which runs through each daily module along with a list of delivery options ranging from our standard program to more hands-off approaches. **Please mark (circle, highlight, etc.) the one delivery method per row that would best suit your school’s comfort levels.**

Note that all options imply physical distancing measures and sanitation of any shared equipment between blocks. To read about our specific protocols, see this document.

Learn2Ride

Module	Delivery Options		
	Our standard program with increased precautions.	A more distanced, small group approach.	A hands-off approach.
Introduction to Cycling Safety	We would like one HUB instructor to visit the school, and deliver a bike safety presentation to each participating class individually over the course of a day.		We would like to enrol participating students in an interactive, online component that would teach bike safety.
On-bike skills	We would like four HUB instructors to visit our school yard, and teach two classes (or one learning group) per 90 min. block. Each instructor staying with the same group of ~15 students. We would also like HUB to bring extra bikes and helmets for those without them, which will be sanitized between each teaching block. YES / NO	We would like four HUB instructors to visit our school yard, and teach one class per 70 min. block. Each instructor staying with the same group of ~7 students. We would also like HUB to bring extra bikes and helmets for those without them, which will be sanitized between each teaching block. YES / NO	We would like to be provided with a lesson plan that would allow our own school staff to teach on-bike skills.



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Ride the Road

Module	Delivery Options	
	Our standard program with increased precautions.	A hands-off approach.
Introduction to Cycling Safety	We would like one HUB instructor to visit the school, and deliver a bike safety presentation to each participating class individually over the course of a day.	We would like to enrol participating students in an interactive, online component that would teach bike safety.
Mechanics	We would like two HUB instructors to visit our school yard, and teach 1 class per block. Each instructor staying with the same group of ~15 students.	We would like to be provided with a lesson plan that would allow our own school staff to teach bike mechanics.
On-bike skills	<p>We would like three HUB instructors to visit our school yard, and teach 1 class per block. Each instructor staying with the same group of ~7 students.</p> <p>We would also like HUB to bring extra bikes and helmets for those without them, which will be sanitized between each teaching block.</p> <p>YES / NO</p>	We would like to be provided with a lesson plan that would allow our own school staff to teach on-bike skills.
Trivia	We would like one HUB instructor to visit the school, and lead each participating class through a trivia game individually.	We would like to enrol participating students in an interactive, online component that would teach the concepts covered in this trivia game.
Road Ride	<p><i>*highly recommended</i></p> <p>We would like five HUB instructors to divide up and lead 1 class per block on a road ride. Each instructor only interacting with a group of ~6 kids during the road ride.</p> <p>We would also like HUB to bring extra bikes and helmets for those without them, which will be sanitized between each teaching block.</p> <p>YES / NO</p>	We would like to be provided with a lesson plan and a local route that would allow our own school staff to lead students on a road ride.