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Your **Cycling** Connection



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Features

In this edition - Bike to Work Week Hits New Highs & Champions, Top Marks for Bike to School Week, BC Parkway Improvements



Record Numbers at this year's Spring Bike to Work Week

65% Increase in Participation - more first-timers, women

A record-shattering number of commuters took to their bicycles and registered for HUB Bike to Work Week. 7,579 people registered online for the event, up from 4,604 people in spring 2013.

This year's numbers included 1,668 new bicycle commuters; since the first HUB Bike to Work Week in 2007, over 9,500 registrants have tried bicycling to work for the very first time.

For the full event wrap-up news release, [visit our website](#). Some great photos from the week are on the [HUB Facebook page](#).

Overall, almost 600 organizations entered teams during the week - congratulations to our Champions, winners of the following awards by type and size of organization:

BICYCLE BULLETIN - JUNE 2014

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Your **Cycling** Connection

HUB MEMBER SERVICES

Questions about your Member account? [Let us know](#).

Has your membership expired? [Login to renew today!](#)

MEMBER SPOTLIGHT

Congratulations to the following organizations who recently purchased or renewed their HUB Membership!

[Kwantlen Student Association](#)

Spring 2014 Champions

Best in School

Eric Hamber Secondary School

Best in Health

Provincial Health Services Authority

Best in Business

Mountain Equipment Co-op

Best in Other

BC Hydro

Best in Not for Profit

Science World

Best in Higher Education

University of British Columbia

Best in Government

City of Vancouver

Best Workplace 1-10 employees

Boni Maddison Architects

Best Workplace 11-25 employees

AMS Bike Co-op

Best Workplace 26-100 employees

Zaber Technologies

Best Workplace 101-250 employees

Automotive Fuel Cell Corporation

Best Workplace 251-500 employees

Arc'teryx Equipment Inc.

Best Workplace 501-1,000 employees

City of North Vancouver

Best Workplace 1,000+ employees

University of British Columbia

Our bike lockers may be new, but students have been cycling to Kwantlen for many years! The KSA is providing bigger and better services to all students and staff so look forward to our bike lockers, end of trip facilities, bike racks on our shuttles, repair stations, and workshops! .

MEMBER BENEFITS UPDATE

Know a local bike-friendly business? [Let us know](#) - it could become a HUB Member Benefits provider!

Member Benefit promo codes are **back on the website!** To access, simply [sign in](#) using your Membership credentials.

NEW BENEFITS PROVIDER - HOUSE OF CHAIN

Conveniently located in Jericho Village, at 5th and Alma, House of Chain is a bike store that carries Road, Mountain, Cyclocross, Hybrid and Kids bikes as well as parts and accessories. An even wider selection of parts and accessories can be found through their [online store](#).

SURREY/WHITE ROCK/NORTH DELTA COMMITTEE - VOLUNTEERS NEEDED

Do you live in or bike in Surrey, White Rock or North Delta? Would you like to be help make biking better? Join our Local Committee!

We're looking for new members with various levels of experience and skills - we're currently looking for a co-Chair, and someone to take minutes.



From first-timers to hardy vets, kids across BC take Bike to School Week to new levels

On May 26th, HUB and HASTe BC kicked off what became our biggest Bike to School Week ever!

Over 80 schools across BC registered, with an average of 210 trips logged per school, - that's almost 17,000 bike trips! The event saw thousands of kids biking to school and participating in a wide range of events, including pancake breakfasts, neighbourhood meet-up rides, bike and helmet safety checks, cycling skills courses, and even cyclo-cross.

Some schools, like Hillcrest Middle School in Coquitlam, participated in their first-ever Bike to School Week. On

Monday, teacher Tu Loan Trieu brought a group of students to a Bike to Work Week celebration station close to the school and cheered on the riders. Back at school, they joined in the competition, challenging other schools and making plans for next year's event.

Others, like Lynn Valley Elementary in North Vancouver, took their veteran Bike to School credentials to the next level, setting a record with 49% of the student body riding to school. Parent organizers were also able to raise \$4,300 for their PAC, and secured their own sponsorships from local businesses.

More stories and photos from Bike to School Week can be found on the [HUB website](#).

Want to be part of it next year? Email schools@bikehub.ca.



BC Parkway Improvements

TransLink will begin renovating sections of the BC Parkway in Burnaby and New Westminster this summer through to the spring of 2015.

Improvements include repaving and maintenance work, new lighting, crossing safety and accessibility improvements.

Paving on Rumble Street and near 22nd Station has already begun; [please review this map from Translink](#) to find out how your route may be affected, and be sure to watch for detour signs.

Courses & Workshops

StreetWise Cycling - Maintenance & Mechanics - Workplace Cycling



STREETWISE CYCLING COURSES Ride the Road

If you want to be more safe and confident riding on city streets and near vehicular traffic, our Ride the Road courses are for you.

These intermediate half-day courses combine classroom and on-the-road training. Next workshops are June 21 and July 5 - click here to read more and register.

Advance Your Ride

Need to demonstrate cycling skills 'best practice' in a professional capacity or at your workplace? Ever thought about becoming a cycling instructor?

Take your skills and knowledge to the next level with the most current and thorough course you can take on riding in

If you're interested and would like to contribute in other areas or are curious and just want to attend one meeting for now, no problem - visit the [Surrey/White Rock/North Delta Committee web page](#) to find out about the dates, time and location of the monthly meetings, or [email the Chair](#) to find out more.

BECOME A HUB VOLUNTEER!

Support our programs and be part of fun, bike-related events across the Lower Mainland!

We're currently seeking volunteer support in these areas:

Seaside Greenway Party Supporters - A volunteer coordinator and 'day-of' volunteers are needed to support the upcoming Seaside Greenway Party, Saturday July 5th.

Bike to Work Week Data Entry - Help us input all of the valuable information we gathered during Bike to Work Week, and from Ride the Road courses...plus media tracking

Promotional Coordinators - Liaise with local businesses, community centres, libraries, bike shops and bike friendly businesses to get the word out about HUB bike education programs.

Membership & Event Representatives - We need 'people-people' who are energetic, personable, experienced in community engagement to attend our events and help sell HUB Memberships and answer questions.

If any of these roles sound like you, or you just want to find out more, email us at volunteer@bikehub.ca.

traffic and in all road conditions. Full weekend course, next one is this weekend, June 14-15 - [register now!](#)



MAINTENANCE & MECHANICS COURSES

Demystify Your...

Brakes, gears, hubs, and wheels/emergency repairs...our Maintenance & Mechanics courses have been designed to teach you about the function, maintenance, and basic repair of bikes. Providing a total of 14 hours of learning at beginner and intermediate levels, we've got a course for you.

Sign up for our beginner **Demystify Your Bike** course to get a taste...or sign up for **all four intermediate courses & save \$40** over taking the courses separately!

[Visit our website](#) for dates & locations, and register now.



Add a Cycling Workshop to Your Summer Work Social Event

Just because Bike to Work Week is done doesn't mean we're done supporting your office, building, and neighbourhood in making cycling fun, convenient and a positive group activity.

Book a **Workplace** (or Neighbourhood) **Cycling Workshop** as part of your summer event, eco-fair, block party or festival - we will customize the workshop for you to make it fit your needs.

For more information, contact donna@bikehub.ca.

Events

Kits Seaside Greenway Party, MEC Bikefest, Car-Free Day Vancouver, and Ride Don't Hide!



It's a Party - Celebrate the completion of the Seaside Greenway in Kits on July 5th

Mark this date in your calendar, and join in the celebration of the newly completed Seaside Greenway.

Saturday, July 5th - 11am to 3pm

Connecting downtown Vancouver's Seawall and False Creek with Jericho Beach, the Seaside Greenway is ready to be biked, walked, or rolled - and may the best costume win!

There will be music, food, kids' crafts, and more along the route between the Burrard Bridge and Jericho Beach and especially closer to Jericho Beach. Bring your decorated bikes, kids and picnic baskets!

The Seaside Greenway Party is celebration for everyone,

REGIONAL ADVISORY COMMITTEE (RAC) - NEW MEMBERS NEEDED

Are you passionate about the state of cycling in Metro Vancouver? Do you want to help connect the work of our local committees with HUB staff prioritization? Do any of the following words get you excited:

- **Regional connected bike network**
- **Highway upgrades**
- **Public transit**
- **Cycling connections and extensions**

If so, our **Regional Advisory Committee** may be right for you!

We're looking for new members. RAC discusses topics of regional interest, like bike policy, infrastructure, challenges, and current issue areas. This meeting is open to everyone, and we even (usually) have snacks!

Next meeting is **Thurs, June 19th, 6-7pm** at the HUB office - join us!

SUPPORT BETTER BIKING!

[Support our work to improve cycling conditions](#) by making a charitable donation to HUB.



Charitable tax receipt provided.

THIS MONTH'S BANNER PHOTO

Kids from **Henry Hudson Elementary** in Vancouver can now get to school using a separated bike lane. Congrats to students, parents teachers and staff, and thanks to Chantal Minten (PAC) and Principa

supported by many, including:

- Kits area businesses & residents
- [AMS \(UBC\) Bike Co-op](#)
- [BEST](#)
- HUB Cycling
- [Jericho Sailing Centre](#)
- [MEC Paddlefest](#)
- [Vancouver Public Space Network](#)

Bruce Adams for your support of
Bike to School Week!

Want to see your photo of people on
bikes in Metro Vancouver in the next
HUB Bicycle Bulletin? Send yours to
colin@bikehub.ca.

Here's the full [event listing](#), and [join on Facebook](#). See you
Saturday, July 5th!



MEC BikeFest Vancouver

MEC loves bikes, and they're throwing a party in their
honour. Come join the fun at Athletes Village Plaza in False
Creek:

Saturday, June 14th - 10am-3pm

Connect with your local cycling community, and try out gear,
test ride a range of bikes, browse exhibitors' booths, score
deals at the MEC Bikeswap, or learn a range of new skills at
clinics and talks. There'll also be guided bike rides,
entertainment, food vendors, and kids' activities...and HUB
will be there too! For more information, [visit their website](#).



Car-Free Day Vancouver this Weekend!

This weekend is Car-Free Day in Vancouver, the 10th
anniversary of this great event that celebrates the possibility
of fewer cars and more community.

Sunday, June 15th - Noon to 7pm

HUB Cycling is proud to be part of the Village Vancouver
exhibit site at Main Street & 13th, along with our friends at
MODO the Car Co-op, SPUD and others, as part of the day-
long event that spans:

- Main Street
- Commercial Drive
- West End
- Kitsilano

For more information about Car-Free Day, [visit their
website](#) - and see you Sunday at the Main Street location!



Ride Don't Hide Community Bike Ride - Canadian Mental Health Association

Ride Don't Hide is a community bike ride hosted by the
Canadian Mental Health Association (CMHA) with the goal of
strengthening and supporting the mental health of women
and their families.

This year, with Shoppers Drug Mart as the Provincial Sponsor for BC, CMHA rides will be hosted in four provinces in 20 communities with the aim to engage over 3,600 participants and raise \$800,000.

Ride Don't Hide takes place **Sunday, June 22nd** - for more info, [visit the website](#).

Meetings & Events

Join a HUB Local Committee

Help make cycling conditions better in your city, including bike lanes, bridge crossings, cycling policy and education. Join a local committee - public participation is always welcome!

[Find out more](#)

HUB Regional Advisory Committee

We meet the third Thursday of each month (6-7pm) to discuss cycling improvements across the region. You're welcome to attend!

[Find out more](#)

[See full HUB events calendar](#)

HUB Cycling Education

Streetwise Cycling Courses

2014 courses now posted for 'Ride the Road' and 'Advance Your Ride' group courses. Or ask us about a customized 'Learn to Ride' course.

[Read more & register](#)

Bike Maintenance & Mechanics

A series of 5 beginner & intermediate level courses on bike maintenance and mechanics, brakes, hubs and rotational systems, gears, wheels and emergency repairs.

[Read more & register](#)

Bike to School Courses & Programs

Want to see cycling programming at your child's school? Contact us at schools@bikehub.ca

HUB Member Benefits

Discounts on car sharing

Discounts at over 25 bike shops across Metro Vancouver

Discount on Momentum Magazine subscription

Subsidized bike racks for Organizations

The joy of supporting cycling improvements!

[...and much more! Visit our Member Benefits page.](#)

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