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Your **Cycling** Connection



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## Message from the President



Fellow bike lover,

Summer has arrived and the benefits of cycling are everywhere: young and old are cycling through parks, and commuting to work and camp by bike.

It's at this time of year that I am most excited about [the work we do at HUB](#), and most proud to be a HUB member.

Our [bike education course](#) are happening across the Lower Mainland, making cycling safer for children and adults. We continue to work with municipalities to push for safer routes and more connected networks. And we're busy creating events, [delivering workshops](#) and developing tools and resources that can break down barriers that prevent people from getting on their bikes.

Everything we do is to ensure that the future remains bright for cycling, because each new person on a bike is a step toward a more sustainable, healthy and vibrant Metro Vancouver.

As I see and speak with people at HUB events and on the roads, I see reflections of HUB's past achievements, and the potential for lots more change in the future.

[A strong and dedicated HUB membership](#) is been critical to our success. Let's continue to work together for better cycling in Metro Vancouver.

Have a fantastic summer!

**Alexander Clarkson**  
President, Board of Directors  
HUB Cycling

**BICYCLE BULLETIN - JULY 2014**

**JOIN HUB**



Your **Cycling** Connection

**HUB MEMBER SERVICES**

Log-in to your account for exclusive membership benefits, to your account information or to renew your membership. Questions or problems? [Let us know.](#)

**MEMBER SPOTLIGHT**

**Congratulations** to the following organizations who recently purchased or renewed their HUB Membership!

# Features



## Meet the new HUB Cycling Board of Directors

On Saturday, June 21, HUB Members elected six new Directors and re-elected three sitting members, comprising our largest Board yet!

Be sure to [visit our website](#) to read brief bios of our newest Board members; you can also check out a [Facebook photo gallery](#) with some action shots from the pre-AGM President's Ride from Nat Bailey Stadium to the BCIT Aerospace Campus in Richmond.

This year, we bid adieu and give our thanks to the following Directors: Julie Beynon, Nandik Patel, and President Jonathan Thar.

A special farewell and heartfelt appreciation to long-time HUB Member, Director, volunteer and contributor-in-more-ways-than-we-can-count **Arno Schortinghuis**. His eight years on the HUB Board and committees, plus ongoing contributions to Bike to Work BC Society and Canada Bikes, have benefited everyone who gets on a bike today in Metro Vancouver (whether you know it or not!). Arno is still part of the HUB family and cycling community, and we count ourselves lucky to have benefited from his efforts over the years, and for all his future contributions to better biking in the region!

## Be Like Guy - Volunteer@HUB

We're thrilled to introduce our new volunteer coordinator, Guy Polden.

Guy joined HUB as a volunteer team liaison during Bike to Work Week this past spring, and was quickly awesome. He recruited other volunteers, supported our Bike to Work Week Launch Party, and showed himself calm and capable in all circumstances, from event hospitality to helping out at the office.

Interested in joining Guy to make biking better? Submit a [HUB volunteer request](#) - or join us next week for...

## [data entry] PARTY! Thursday, July 17th \* 12pm - 8pm

Swing by the HUB office for an hour or two, enjoy a refreshing treat, and help us input our spring Bike to Work Week data. This valuable information is seen by Metro Vancouver municipalities, and then used to make decisions about cycling improvements. We need YOU (& you need a beer). Email [volunteer@bikehub.ca](mailto:volunteer@bikehub.ca) to RSVP.



Canada's leading outdoor retailer, MEC is passionate about inspiring and enabling everyone to lead active outdoor lifestyles. From city streets and yoga studios to backcountry trails and pristine waterways, MEC matches people with expertise, experience, enthusiasm, clothing and gear for camping, snowsports, watersports, cycling, climbing, hiking, running and fitness. MEC is proud to be a HUB Gold Member because they believe in supporting local cycling education, action and events. Become part of MEC with a \$5 lifetime membership and visit MEC at their 17 stores, at [www.mec.ca](http://www.mec.ca) and their Shop MEC iPhone® app.

## Modo

Modo is Metro Vancouver's only local carshare co-op, since 1997. Share access to hundreds of cars, trucks, vans and electrics across Metro Vancouver. Bike racks too! Membership includes gas, parking and insurance, plus great perks! Get started at [www.modo.coop](http://www.modo.coop).

## MEMBER BENEFITS UPDATE

Know a local bike-friendly business? [Let us know](#) - it could become a HUB Member Benefits provider!

## BENEFITS PROVIDER CYCLE CITY TOURS

**Bikes+Brunch+Beer** - HUB Members get 20% off all tours with the #1 activity in Vancouver on Trip Advisor! [Find out more here.](#)



# Courses & Workshops

 **StreetWise**  
BIKE EDUCATIONAL COURSES



Get the **skills & confidence** you need to enjoy riding in the city

## StreetWise - Intermediate 'Ride the Road' Cycling Course

**NEXT CLASS - JULY 26**

- Half-day weekend classes for intermediate riders
- Combined classroom and on-road learning
- 1:6 instructor to student ratio

\$45 member / \$50 non-member [learn more and register.](#)

## Maintenance & Mechanics Courses (Beginner)

- 2-hr beginner weekend class
- Recommended to bring your own bike
- \$27 members / \$30 non-members

**DEMYSTIFY YOUR BIKE - NEXT CLASS - JULY 12**

## Maintenance & Mechanics Courses (Intermediate)

- 3-hr intermediate weekend class
- Bring your bike!
- \$60 members / \$65 non-members

**DEMYSTIFY YOUR GEARS - NEXT CLASS - JULY 13**

**DEMYSTIFY YOUR WHEELS - NEXT CLASS - JULY 31**

**DEMYSTIFY YOUR HUBS - NEXT CLASS - AUGUST 10**

[Visit our website](#) for dates & locations, and register now.

# Events



## HUB Member Summer Party

Are you coming to the **HUB Member Summer Party** this **Saturday, June 12** at Central Park in Burnaby?

If you're a member, volunteer, or even just family or friend of a member, join us. (And bring kids with bikes to decorate!) Missed the invitation? Make sure your HUB membership is active - [renew on our website now!](#)

This party is open to everyone involved with HUB or interested in becoming involved - [details on our website.](#) Don't miss out!

## Kidz Zone at the Giro di Burnaby

## VANCOUVER / UBC COMMITTEE - ELECTION WORKING GROUP

The Vancouver / UBC HUB Committee has formed a working group to prepare for the November municipal election, and would love to have you join us.

We're looking at ways to engage with candidates and the general public to encourage cycling improvements for the next 4 years.

Please join us Monday July 14 from 6:30-8pm at the HUB office. [Contact Lisa](#) for more info.

## SUPPORT BETTER BIKING!

[Support our work to improve cycling conditions](#) by making a charitable donation to HUB.



**Charitable tax receipt provided.**

## THIS MONTH'S BANNER PHOTO

Bikes upon bikes during Bike to School Week at **Highlands Elementary** in North Vancouver, by Martyn Schmolli of North Shore Safe Routes Advocates.

Want to see your photo of people on bikes in Metro Vancouver in the next HUB Bicycle Bulletin? Send yours to [colin@bikehub.ca](mailto:colin@bikehub.ca).



The HUB Burnaby Committee is at the Giro Kidz Zone at the Giro di Burnaby on **Thursday, July 10th**.

Kidz Zone includes bike decorating, bike safety checks, ID engraving on bikes, a skills/obstacle course and a riding area hosted by HUB and Pedalheads. Plus face painting!

Bring a bike helmet for your kids to participate in the Kidz Zone and parade, and be sure to [visit the website for details on how to register!](#)



### Volunteers Sought for the Prospera Valley GranFondo

Our friends in the Fraser Valley are looking for a few more volunteers to help deliver a fantastic event on **July 20th in Fort Langley** and the surrounding area. [Visit their website to find out more!](#)

#### Meetings & Events

##### Join a HUB Local Committee

Help make cycling conditions better in your city, including bike lanes, bridge crossings, cycling policy and education. Join a local committee - public participation is always welcome!

[Find out more](#)

##### HUB Regional Advisory Committee

We meet the third Thursday of each month (6-7pm) to discuss cycling improvements across the region. You're welcome to attend!

[Find out more](#)

[See full HUB events calendar](#)

#### HUB Cycling Education

##### Streetwise Cycling Courses

2014 courses now posted for 'Ride the Road' and 'Advance Your Ride' group courses. Or ask us about a customized 'Learn to Ride' course.

[Read more & register](#)

##### Bike Maintenance & Mechanics

A series of 5 beginner & intermediate level courses on bike maintenance and mechanics, brakes, hubs and rotational systems, gears, wheels and emergency repairs.

[Read more & register](#)

##### Bike to School Courses & Programs

Want to see cycling programming at your child's school? Contact us at [schools@bikehub.ca](mailto:schools@bikehub.ca)

#### HUB Member Benefits

Discounts on car sharing

Discounts at over 25 bike shops across Metro Vancouver

Discount on Momentum Magazine subscription

Subsidized bike racks for Organization Members

The joy of supporting cycling improvements!

[...and much more! Visit our Member Benefits page.](#)

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