



Be Seen. Be Safe.

Without lights at night, bikes are virtually invisible...
and so are you.

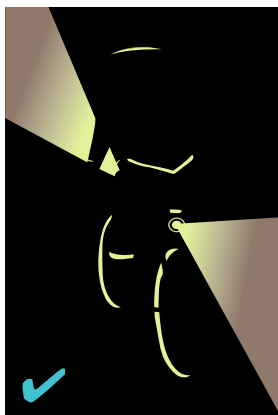
Always ensure your bike has a white front light and a red rear light.

Reflectors on all angles of your bike and clothing are helpful, as are helmet lights, which provide a higher point of visibility and lateral coverage whenever you stop and look side-to-side.

At night, bikes can be invisible



Lights & reflectors help drivers see you



Gear to Keep You Dry

Waterproof shoe coverings and good gloves can really improve a ride. Yellow or orange-lens glasses keep out rain while improving night vision.

Pick the Right Route

Choosing lower speed and volume routes will help you feel good and stay safe. Find designated bike routes at bikehub.ca/bike-routes

Cycling is a fun, convenient, active way to get around. Following some simple tips to keep yourself seen and comfortable will help you feel all the benefits of cycling.

Take the Next Step



Want to spend less time in your car?

For info on your options, tools to make it easy, and motivation to make it happen, visit travelsmart.ca.



For bike safety tips, bike education and info on how to make biking better in your community, visit bikehub.ca.